



Hope starts here

Healing teens, restoring families, rebuilding futures

Your teen deserves a path to healing

Muir Wood Teen Treatment provides individualized, compassionate, and developmentally appropriate care for teens ages 12–17 struggling with mental health or substance use challenges.

Our Joint Commission-accredited program, available on 17 beautiful, nature-based campuses across California, offers the ideal setting for healing while our expert team delivers evidence-based treatment tailored to your teen's unique needs—emotionally, clinically, and academically.

We've helped thousands of families rebuild stability and strengthen relationships. Through close coordination with your care team, we ensure your teen receives the right care at the right time.

Recovery starts today with a single step



Call: 888-976-6941



Click: www.muirwoodteen.com/contact

Joint Commission
Accredited



Why families choose Muir Wood

Specialized, teen-focused care

Expert team trained in adolescent mental health and co-occurring disorders, including board-certified psychiatrists, therapists, and nurses.

A place to heal

Gender-separate campuses with home-like residences surrounded by natural beauty

School support included

Teens continue their education through our accredited individualized academic program.

You are not alone

Family therapy and support woven into every step of the journey



"We truly believe that the work done at Muir Wood **saved our daughter's life** and restored our family's unity. We remain forever grateful for the unwavering support, expertise, and compassion you all demonstrated. Thank you for guiding us through one of the most difficult periods of our lives and for nurturing our daughter's path to recovery."

– Muir Wood Alumni Parent



About Muir Wood



Highly individualized, evidence-based teen treatment

- **Specialists in adolescent treatment:** At Muir Wood, we're here to help teens navigate mental health and substance use challenges. Our team of specialists—including board-certified psychiatrists, therapists, nurses, and recovery counselors—delivers expert, compassionate care tailored for adolescents.
- **Comprehensive, evidence-based care:** Your child will receive a full psychiatric evaluation, personalized therapy, and medication management if needed. Our trauma-informed approach builds self-regulation skills, prevents relapse, and strengthens family connections through proven therapies and engaging, hands-on activities designed to help your teen thrive.
- **Gender-specific treatment & LGBTQ+ inclusivity:** We offer gender-specific programs to foster safe, healing environments among peers with shared experiences. Every teen—including those who are transgender, nonbinary, or exploring gender identity—receives individualized, affirming care designed to meet their unique needs.



On-site academic support: keeping teens on track

- **Quality education without interruption:** Our WASC-accredited learning program partners with your teen's school to provide personalized academic support, helping them stay on track during treatment.
- **Education as a part of recovery:** Our structured, supportive classroom environment helps students rebuild confidence and self-esteem, rediscover their strengths, and take meaningful academic steps forward.



Purposefully designed campuses with space to heal

- **Expansive, nature-rich surroundings:** Our serene, distraction-free campuses offer a peaceful, natural setting for teens to build resilience, practice mindfulness, and focus on healing. They are purposefully designed to help your teen regain confidence and embrace positive change.
- **Designed for connection and comfort:** Teens spend their day in shared therapeutic, academic settings and outdoor activities, then return to warm, home-like residences to unwind and recharge—promoting stability and connection throughout recovery.

In-network with most major insurers



17 programs across California
Sonoma County • Fresno • Riverside • Clovis