



Muir Wood
TRUSTED TEEN TREATMENT™

Compassionate Treatment for Adolescents 12-17 with Mental Health & Substance Use Disorders

Muir Wood Adolescent and Family Services is a Joint Commission-accredited residential and outpatient treatment program for adolescents 12-17, struggling with mental health and substance use disorders. Our highly credentialed clinicians help boys and girls—treated separately—explore and process sensitive issues while learning to manage and, ultimately, overcome their challenges and thrive. Our academic program, designed to maintain continuity with clients' home schools, is accredited by the Western Association of Schools and Colleges (WASC). Each of our residences has been designed to provide a comfortable and welcoming home-away-from-home. Our guiding philosophy emphasizes kindness and compassion over confrontation and control.

Muir Wood is an in-network provider for leading insurers making its high-quality care available to as many families as possible.

Making Exceptional Care Accessible™

- 17 treatment campuses in Northern, Central, and Southern California, specializing in the treatment of primary mental health, primary substance use, and dual-diagnosis in adolescents, ages 12-17
- Intensive Family Programming with multiple weekly support touchpoints - family sessions, family check-ins, multi-family support groups, and 4 months of no-cost alumni family support
- Certified by California DHCS for residential detox and treatment, and licensed by the DSS
- Separate treatment for males and females accredited by The Joint Commission
- Full-time psychiatry and registered nursing enhances medical/clinical collaboration
- Weekly individual and family therapy
- Muir Wood's Learning Centers recognized as supplemental education programs by the State of California Department of Education, and accredited by The Western Association of Schools and Colleges (WASC)
- Academics led by Master's-level state-credentialed teachers
- Experiential therapies including yoga with certified yoga practitioners, guided meditation and art therapy, daily mindfulness practices, music therapy, and Reiki
- Muir Wood enjoys an A+ rating from the Better Business Bureau
- Affiliated with the University of San Francisco as a clinical practicum/internship for students in nursing and healthcare



17 Muir Wood Locations Serving California Families

Our Northern California Locations



Skillman North - Boys 12-17 Dual-Diagnosis
Petaluma



Skillman South - Boys 12-17 Dual-Diagnosis
Petaluma



Skillman East - Boys 12-17 Dual-Diagnosis
Petaluma



Hannan Ranch - Boys 12-17 Dual-Diagnosis
Petaluma



Thompson Ranch - Boys 12-17 Primary Mental
Health - Petaluma - Q1 2024



Lohrman Lane - Girls 12-17 Dual-Diagnosis
Petaluma



Magnolia - Girls 12-17 Dual-Diagnosis
Petaluma



Rebecca - Girls 12-17 Dual-Diagnosis
Petaluma



Penngrove South - Girls 12-17 Primary Mental
Health - Penngrove



Penngrove North - Girls 12-17 Primary Mental
Health - Penngrove



Sonoma Mountain - Girls 12-17 Primary Mental
Health - Petaluma



Muir Wood Outpatient Services - March 2024
Petaluma

Central California Locations



Auberry North - Boys 12-17 Dual-Diagnosis
Clovis



Auberry South - Girls 12-17 Dual-Diagnosis
Clovis - Q1 2024

3 New Locations Now Open in Riverside, California



Bradley Ranch - Boys 12-17 Dual-Diagnosis



Edgewild - Girls 12-17 Dual-Diagnosis



Da Vinci - Girls 12-17 Dual-Diagnosis

A Decade of Exceptional Outcomes

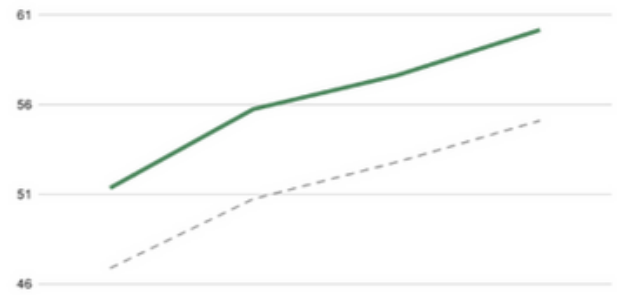
Muir Wood Adolescent and Family Services strives for the best treatment outcomes for each client and family it serves. Because every adolescent and teen we treat has different needs, Muir Wood psychiatrists, nurses, clinicians, care coordinators, teachers, and other staff work toward positive individual outcomes by delivering excellent treatment that yields the best results in the time we have with our clients.

Muir Wood uses outcome measurement tools that meet or exceed Joint Commission standards to ensure that our treatment produces positive health outcomes for clients and achieves a high level of parent and guardian satisfaction with the Muir Wood treatment experience. These outcome measures use 2019 – 2021 Muir Wood client data collected and analyzed by Trac9 Informatics, a behavioral healthcare outcome measurement company whose mission "is to provide gold-standard assessments and custom predictive analytics to improve the efficacy of treatment."

Trac9 assists with Joint Commission accreditation requirements under standard CTS.03.01.09 and CARF accreditation requirements under the 2018 Behavioral Health Standards – Section M.2, M.4-5. In addition, family satisfaction information uses data supplied by Muir Wood client parent and guardian post-treatment surveys. Overall Treatment Effectiveness Client-reported data collected by Trac9, an independent outcome measurement provider, shows that Muir Wood Adolescent and Family Services treatment results in better treatment outcomes measures compared to the national average of treatment providers. These outcome data represent reporting following four weeks of treatment at Muir Wood

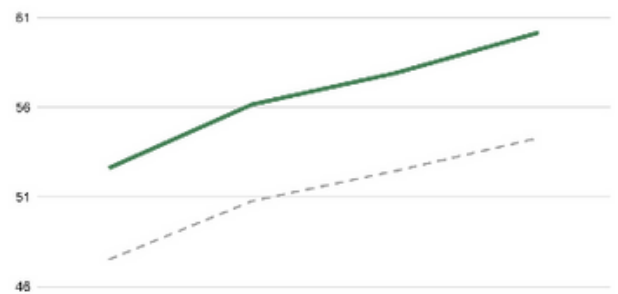
All charts represent YTD 2022 data

RECOVERY



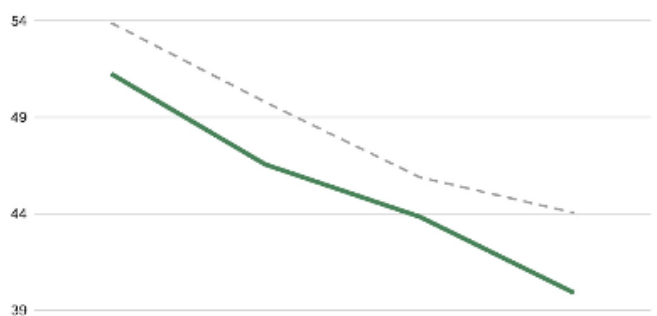
Muir Wood Clients demonstrate better global recovery than the national average

RESILIENCE



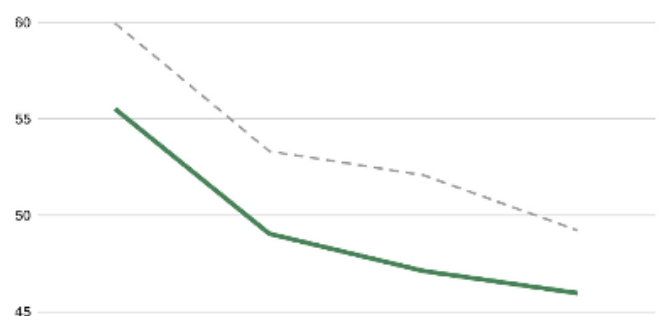
Muir Wood Clients demonstrate more resilience than the national average

DEPRESSION



Muir Wood Clients are less depressed than the national average

STRESS



Muir Wood Clients are less stressed than the national average

Our pioneering team of licensed, experienced, and passionate caregivers are dedicated to the highest quality treatment of adolescent behavioral health disorders and the improvement of individual and family outcomes.



Medical, Clinical, & Academic Leadership



Scott Sowle
Founder & CEO



**David Smith, M.D.,
DFASAM, FAACT**
Chair, Addiction
Medicine and
Medical Quality
Assurance
Committee



Tara Krueger, Psy.D.
Chief Clinical Officer



Heather Russo, LMFT
Vice President of
Outpatient Services



Nancy Herron, M.D.
Double-board-certified
Psychiatrist - Girls Programs



Margaret Grimley, M.D.
Double-board-certified
Psychiatrist - Girls Programs



Nicolette Gottuso, LMFT,
Clinical Director
Skillman Boys Program



Holly Purcell, LMFT
Clinical Director
Auberry Boys Program



Amber Daugherty, MA, LMFT
Clinical Director
Lohrman Program



Jessica Mahn, LMFT
Clinical Director
Riverside Program



Jon Sterngold, M.D.
Internal Medicine



Deb Bowman, Ph.D.
Psychiatric Nurse Practitioner



Jeff Erbst, MBA
Single-Subject Credentialed
Teacher



Christine Pappas, Ph.D.
Eating Disorder Specialist



Barbara Nova, Ph.D.
Psychological Testing



Larissa Laska-Ruebusch, Psy.D.
Psychologist



Rawland Glass, LCSW
Family Program Director



Lisa Sewell, R.N.
Director of Nursing

For more information
please call 866-706-9685

