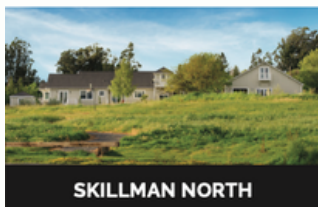




Making Exceptional Care Accessible.™

Muir Wood is a team of caring, qualified professionals providing adolescent behavioral healthcare while partnering with families in an environment that emphasizes kindness and compassion over confrontation and control.

DUAL-DIAGNOSIS CAMPUSES FOR BOYS 12-17 IN SONOMA COUNTY



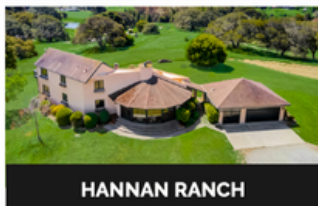
SKILLMAN NORTH



SKILLMAN SOUTH



SKILLMAN EAST



HANNAN RANCH

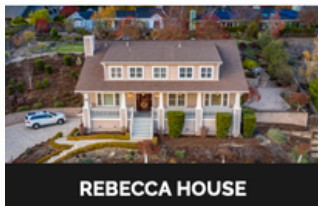
DUAL-DIAGNOSIS CAMPUSES FOR GIRLS 12-17 IN SONOMA COUNTY



LOHRMAN



PENNGROVE NORTH



REBECCA HOUSE



PENNGROVE SOUTH



MAGNOLIA



SONOMA MOUNTAIN

MUIR WOOD PROGRAM OVERVIEW

- 10 Residential campuses set on 54 acres in Sonoma County, CA specializing in the treatment of mental health and dual-diagnosis in teens 12-17
- Family Learning Center provides family support and education for the community and our alumni
- Dually-licensed by California's Departments of Social Services (DSS) and Health Care Services (DHCS)
- Certified by the Department of Health Care Services (DHCS) for Residential Detoxification
- Gender-specific residential settings and programming accredited by The Joint Commission®
- Weekend family programming with educational workshops and process groups led by licensed clinicians
- Full-time, double-board-certified psychiatrists and addiction medicine physicians on site
- Twice-weekly individual and family therapy with licensed therapists
- Psychological testing and assessment when indicated
- Muir Wood Learning Centers recognized as a supplemental education program by the State of California Department of Education, and WASC-accredited, with Masters-level, multiple-subject, state-credentialed teachers
- Weekend experiential therapy program led by clinicians along with weekday experiential activities including yoga with certified yoga practitioners, guided meditation with licensed therapists, art therapy with licensed therapists, and Reiki
- Outcome measurement through TRACg, a Joint Commission-approved vendor
- Certified by LegitScript® as a vetted, ethical, and trusted healthcare provider
- Affiliated with the University of San Francisco as a clinical practicum/internship/preceptorship site for students in nursing and health programs, and Dominican University as a practicum site for interns

IN-NETWORK WITH MAJOR INSURERS

Muir Wood is an in-network provider for leading insurers to make its intensive and specialized care available to as many families as possible.



HARD DATA REGARDING THE EFFICACY OF OUR ADOLESCENT TREATMENT PROGRAMMING

Muir Wood Adolescent and Family Services strives for the best treatment outcomes for each client and family it serves. Because every adolescent and teen we treat has different needs, Muir Wood psychiatrists, nurses, clinicians, care coordinators, teachers, and other staff work toward positive individual outcomes by delivering excellent treatment that yields the best results in the time we have with our clients.

Muir Wood uses outcome measurement tools that meet or exceed Joint Commission standards to ensure that our treatment produces positive health outcomes for clients and achieves a high level of parent and guardian satisfaction with the Muir Wood treatment experience.

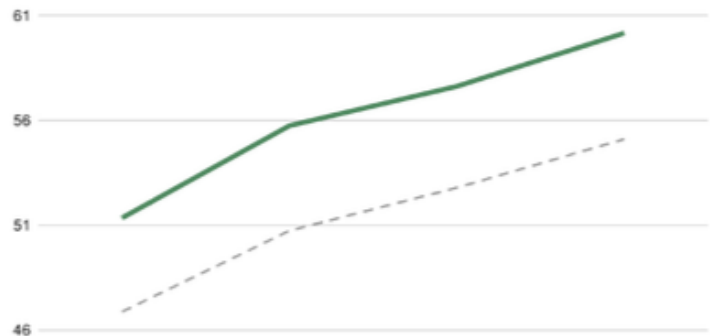
These outcome measures use 2019 – 2021 Muir Wood client data collected and analyzed by Trac9 Informatics, a behavioral healthcare outcome measurement company whose mission "is to provide gold-standard assessments and custom predictive analytics to improve the efficacy of treatment." Trac 9 assists with Joint Commission accreditation requirements under standard CTS.03.01.09 and CARF accreditation requirements under the 2018 Behavioral Health Standards – Section M.2, M.4-5. In addition, family satisfaction information uses data supplied by Muir Wood client parent and guardian post-treatment surveys.

Overall Treatment Effectiveness

Client-reported data collected by Trac9, an independent outcome measurement provider, shows that Muir Wood Adolescent and Family Services treatment results in better treatment outcomes measures compared to the national average of treatment providers. Significant differences can be seen in numerous measures that suggest clients are better able to manage their conditions, feel better about themselves, and are experiencing less severe symptoms than before receiving treatment. These outcome data represent reporting following four weeks of treatment at Muir Wood.

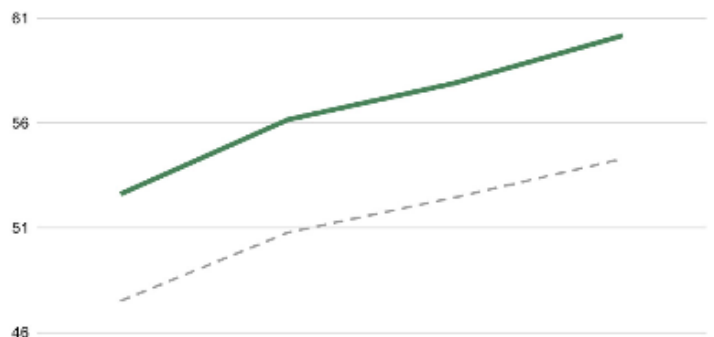
All charts represent YTD 2022 data

RECOVERY



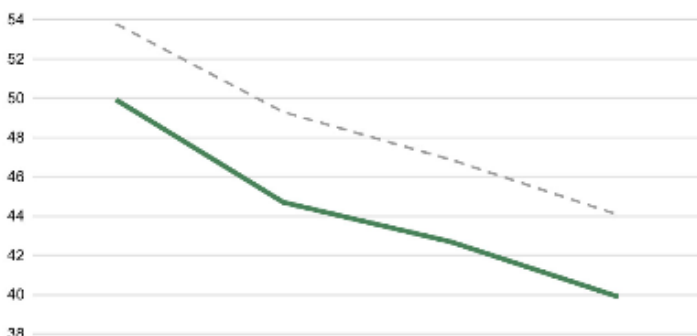
Muir Wood Clients demonstrate better global recovery than the national average

RESILIENCE



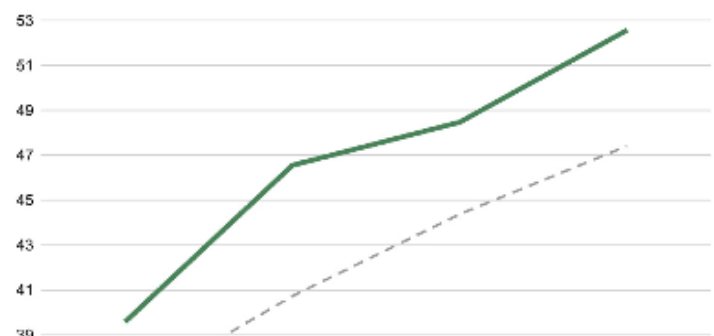
Muir Wood Clients demonstrate more resilience than the national average

PATHOLOGY



Muir Wood Clients demonstrate lower pathology than the national average

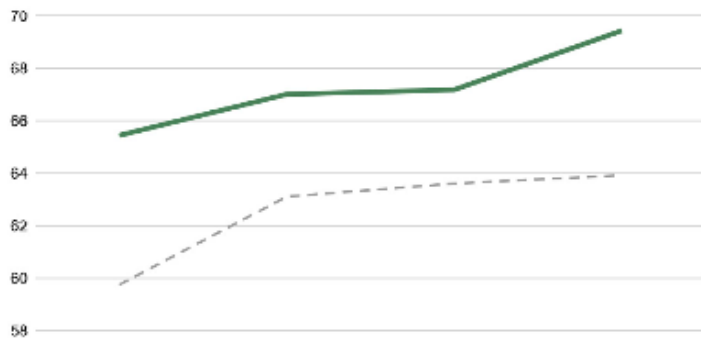
SATISFACTION



Muir Wood Clients demonstrate higher satisfaction than the national average

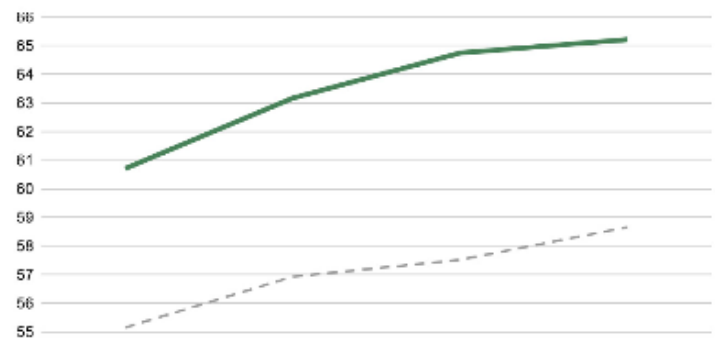
TREATMENT OUTCOMES CONTINUED

GRATITUDE



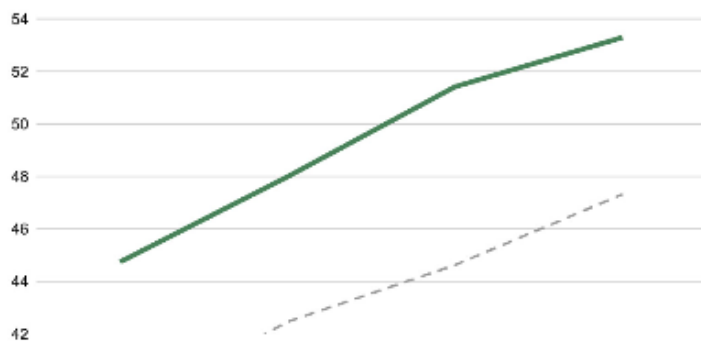
Muir Wood Clients are more grateful than the national average

HOPE



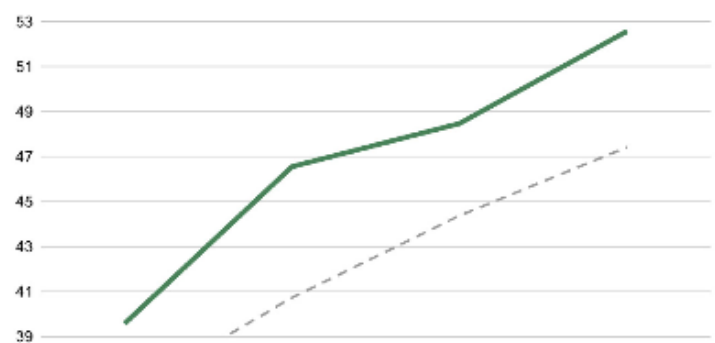
Muir Wood Clients demonstrate more hope than the national average

OPTIMISM



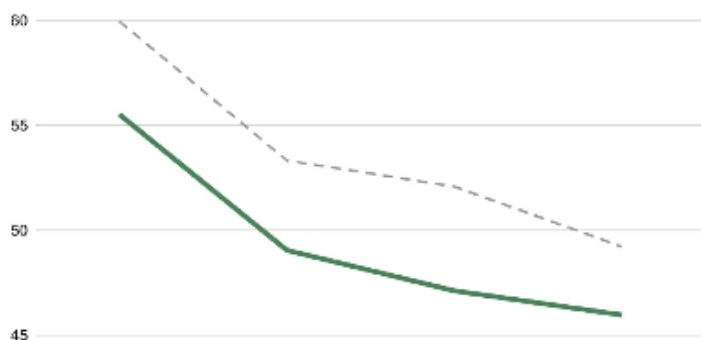
Muir Wood Clients are more optimistic than the national average

LIFE SATISFACTION



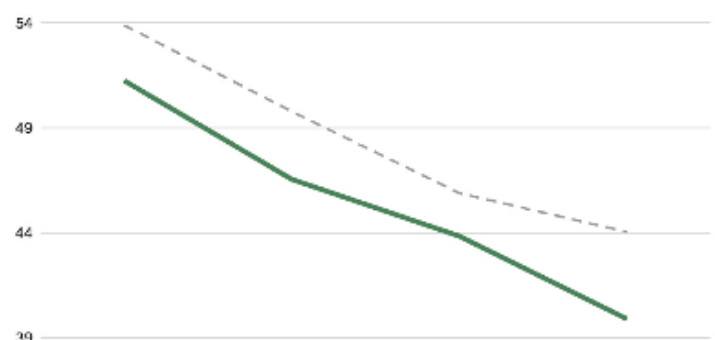
Muir Wood Clients are more satisfied with their lives than the national average

STRESS



Muir Wood Clients are less stressed than the national average

DEPRESSION



Muir Wood Clients are less depressed than the national average

**MUIR WOOD ADOLESCENT
AND FAMILY SERVICES
FACILITY #496803428**

For more information, contact us at (866) 706.9685
or email admissions@muirwoodteen.com.



A pioneering team of experienced, licensed, and passionate care-givers dedicated to the highest quality treatment of adolescent behavioral health to improve individual and family outcomes.



MEDICAL, CLINICAL & ACADEMIC LEADERSHIP



Scott Sowle
Founder & CEO



David Smith, M.D., DFASAM, FAACT
Chair, Addiction Medicine and Medical Quality Assurance Committee; Diplomate, American Society of Addiction Medicine



James Grubbs, M.D.
Double-board-certified Psychiatrist - Boys



Nancy Herron, M.D.
Double-board-certified Psychiatrist - Girls



Margaret Grimley, M.D.
Double-board-certified Psychiatrist - Girls



Nicolette Gottuso, LMFT, SUDCC
Clinical Director Skillman Boys Program



Paige Esposti, LCSW
Clinical Director Lohman Girls Program



Jessica Mahn, LMFT
Clinical Director Penngrove Girls Program



Jon Sterngold, M.D.
Internal Medicine



Deb Bowman, Ph.D.
Psychiatric Nurse Practitioner



Lisa Sewell, RN
Director of Nursing



Vandy Erbst, RN
Nurse Manager



Christine Pappas, Ph.D.
Eating Disorder Specialist



Barbara Nova, Ph.D.
Psychological Testing



Larissa Laska-Ruebusch, Psy.D.
Psychologist



Rawland Glass, LCSW
Family Program Director



Jeff Erbst, MBA
Single-Subject Credentialed Teacher

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